BAYLOR COUNTY 4-H NEWS

Sept. 2016

4-H Enrollment

4-H enrollment is going on now! Call or come by the Baylor County Extension Office at 500 N. Main Street, Seymour, 940-889-5581. The enrollment fee is $20 and goes up after Oct. 31.

4-H Pumpkin Patch Fundraiser

We are selling pumpkins again this year for a fundraiser. Jack-O-Lanterns, Big Macs, Topiaries, Minis and Colorful Gourds. Please use the pre-sale order form that is included with this newsletter to take orders and COLLECT PAYMENT MADE PAYABLE TO BAYLOR CO. 4-H and return to the Extension Office by **September 26**. The 4-Her who sells the most will win a prize!

Pumpkin pick up will be **Monday Oct. 3** from 4-6 pm at the Extension Office parking lot. We have a sign up sheet for 4-H families to help with the pick up, so please call to add your name.

4-H Cooking Workshops Begin Tuesday, Sept. 20, 4-5 pm

Kids will learn hands-on food preparation, basic nutrition and food safety, and prepare for the contests. PARENT HELPERS ARE APPRECIATED! Contests include County Food show on Oct. 16 at 2 pm and District Food Show on Nov. 5 at 9 am. District Nutrition Quiz Bowl is Nov. 5 at 12 pm. District Food Challenge is Nov. 30 at 9 am. Contest descriptions are below.

Food Show: The Food Show allows 4-H members to enter an individual item for judging. There are four categories in which to compete: Main Dish, Fruits & Vegetables, Breads & Cereals, and Nutritious Snacks.

Nutrition Quiz Bowl: The Nutrition Quiz Bowl helps participants increase their knowledge of basic food and nutrition. The Quiz Bowl is structured as a trivia contest complete with a moderator and buzzers for each contestant. This is a team contest run tournament style.

Food Challenge: Modeled after such competitions as the Food Network's Iron Chef and Chopped, the 4-H Food Challenge allows teams of 4-H members to create a dish using only a predetermined set of ingredients.

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Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

National 4-H Week Oct. 3-8; One Day 4-H Community Service Oct. 8

Please wear your Baylor County 4-H t-shirts to school on Monday, Oct. 3 to promote 4-H. Our One Day 4-H project will be to bring 4-H livestock projects to the Seymour Nursing Home for the residents to see on Saturday morning, Oct. 8 at 10 am. Please let us know if you would like to bring your animal. Those that don't have animals can make fall decorations for the residents in the cafeteria.

Baylor County 4-H T-Shirts

We will have the same black t-shirts this year and they are $7.50 per shirt. Please call the Extension Office by Sept. 26 if you need to order a t-shirt before National 4-H Week.

Lamb, Goat and Heifer Validation

October 24, 5-7pm @ Cliff Styles Building

Livestock Purchasing

If anyone is needing a lamb, goat, heifer or pig to show and would like Josh to assist in the selection process, he would be glad to do that, just let him know ASAP.

Livestock Skill-A-Thon Fundraiser

Over the next few weeks ,you will see members of the National Livestock Skill-A-Thon team selling raffle tickets to help pay their way to Louisville, Kentucky for their National Contest. The "Supermarket Sweep" is a chance for 2 people to win free groceries. The winners will each have 5 minutes to fill their cart at United with groceries. (Limitations do apply). Baylor 4-H will buy the cart full of groceries for the winners. Winners will be selected on October 28 and the Sweep will take place on October 29. You can purchase tickets at Texas Floral, Kindred At Home, Super Stop, the Extension office, or from team members Taylor Orsak, Ryann Martinez or Ranger Donnell.

Like Us on Facebook!

We are currently on Facebook. Please like our page in order to stay up to date on the latest things with our group. We have two Facebook pages and the titles are:

Baylor County 4-H Club

Texas A&M AgriLife Extension Service – Baylor County

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